

Retreat Booking Form



Name _____

Address _____

Mobile _____ DoB _____

Email _____

Relaxation Retreat

Massage Preference:

I would like to participate in:
(all included in retreat cost)

Midweek 3 day Retreat:

- Tue 18 - Thu 20 March 2014
 Relaxation Remedial
 Yoga Meditation

Weekend 2 day Retreat

- Fri 21 - Sun 23 March 2014

Health & Wellness Retreat

Therapy Preference:

I would like to participate in:
(all included in retreat cost)

Midweek 3 day Retreat

- Tue 13 - Thu 15 May 2014
 Reflexology Remedial Massage
 Yoga Meditation

Weekend 2 day Retreat

- Fri 16 - Thu 18 May 2014
 Infrared Saunas

Heart & Soul Retreat

Therapy Preference:

I would like to participate in:
(all included in retreat cost)

Midweek 3 day Retreat

- Tue 17 - Thu 19 June 2014
 Kinesiology Kahuna Massage
 Yoga Meditation

Weekend 2 day Retreat

- Fri 20 - Thu 22 June 2014

Personal Development Retreat

Therapy Preference:

I would like to participate in:
(all included in retreat cost)

Midweek 3 day Retreat

- Tue 22 - Thu 24 July 2014
 Reflexology Relaxation Massage
 Yoga Meditation

Weekend 2 day Retreat

- Fri 25 - Thu 27 July 2014

Sleeping Preference: Twin Share (Single bed) Private Bedroom (King or Queen bed)
(bungalows have shared facilities including bathroom and open plan lounge/dining/kitchen area. Max. 6 guests sharing)

Next of Kin/Emergency Contact Information

Name _____ Mobile _____

Do you have any known allergies or are you taking any regular medication?

Do you have any food intolerances or allergies? Meals are organic & vegetarian - breakfast, lunch & dinner are provided.

Payment Information

Credit Card Number _____ Expiry _____ / _____ CVV _____

Name on Card _____

Cost: \$ _____ Signed _____ Date _____

Please post your completed booking form to 5 Koala Place, One Mile Beach NSW 2316 or email to info@theoasisonemile.com.au. If you have any questions please call The Oasis on 02 4982 2801. Thank you for booking your retreat, we'll email you a booking confirmation once payment is received. We look forward to meeting you soon!